

MAN UP



SOUTHERN LAKES EVANGELICAL FREE CHURCH - MEN'S MINISTRY

Man Up exists to encourage men to grow in obedient faith to God, love the Lord God with all their heart, soul, and mind and love their neighbors as themselves. Through sincere prayer, study and discussion of God's Word, one-on-one discipleship, and God-glorifying, heartfelt worship, the men of Man Up will grow in the knowledge of God, fellowship with other men, serve Southern Lakes' ministries, learn to love their wives as Christ loves the Church, father their children with grace and biblical discipline, and make new disciples of Christ by sharing the good news of Christ's life, death, and resurrection.

It is the goal of Man Up to excel at the following things:

Prayer - Prayer is a great privilege of which we are called to do ceaselessly. Man Up members come before God as Abba Father in prayer, offering up prayers of intercession, adoration, confession, thanksgiving, and supplication corporately and individually.

Bible Study - As Christian men, we are called to meditate on God's Word day and night. Man Up will stress the practice of daily reading and study of God's Word. We will study the Bible together and during one-on-one discipleship.

Discipleship - One-on-one discipleship is highly encouraged as a part of Man Up. Meeting together once a week to pray, read and study God's Word, and hold each other accountable to God's law for our lives is extremely important.

Worship - Man Up encourages worship of God through prayer, reading the Word of God, singing songs, poetry, talents, and the sharing of testimonies.

Service - Man Up will encourage service. There will be ample opportunities to show love to Southern Lakes and the community through acts of service. Service could take many forms such as evangelism, serving pre-existing ministries both in Southern Lakes and the surrounding community, building projects, small groups, prayer meetings, supporting women's and children's ministries, etc.

Fellowship - While in fellowship with believers, we are representatives of Christ and will be living examples of Him in the way we interact and present ourselves in our local community and abroad. All aspects of Man Up are included in fellowship, however, there will be scheduled times of fellowship that will provide times to enjoy each other's company and grow in Christ together. Sometimes the activities will be for only men and other times they will be whole family activities.